



## DF2015 meets the project MyNewGut

The MyNewGut Project, (Microbiome's influence on energy balance and brain development/function put into action to tackle diet-related diseases and behaviour) which receives funding from the European Union's Seventh Framework Programme, will research how the human gut microbiota and its genome (microbiome) influence obesity, behavioural and lifestyle-related disorders and vice versa. It also aims to identify specific dietary strategies to improve the long-term health of the population.

This workshop aims at presenting and discussing the project plans and expected results with a broad range of stakeholders: nutritionists, health professionals, the food industry and persons and organisations involved in public health, dietary guidelines and health claims

### Programme

**9:00 Registration and welcome coffee**

**9:30 The MyNewGut at DF2015: towards common objectives**

Michaela Pichler, International Association for Cereal Science and Technology, Austria

**9:40 Presentation of the MyNewGut project**

Yolanda Sanz, Institute of Agrochemistry and Food Technology of the Spanish Council of Scientific Research (IATA-CSIC), Spain

**10:10 Evaluating the efficacy of fibre-based food ingredients**

Lesli Hingstrup, University of Copenhagen, Denmark

**10:25 Using new ingredients in cereal food products : the industry perspective**

Joan Vermeiren, Cargill R&D Centre Europe, Belgium

**10:40 Understanding the mechanism of action of prebiotics in metabolic health**

Nathalie Delzenne, University Catholique de Louvain, Belgium

**11:00 Prebiotic fibres and the microbiome in dietary guidelines – new developments**

Jan Willem van der Kamp, TNO Food and Nutrition, Netherlands

**11:15 Comments by stakeholders followed by discussion**

Short comments will be given by Paula Trumbo (FDA, USA), Hans Verhagen (RIVM, Netherlands and EFSA NDA Panel member) and the French Ministry of Health

**11:45 Presentation of MyNewGut's Industrial Innovation Task Force and discussion**

Maria Roca, Institute of Agrochemistry and Food Technology of the Spanish Council of Scientific Research (IATA-CSIC), Spain

**12:00 Final remarks and Networking lunch**

